

WEIGHT

Management and Weight Loss

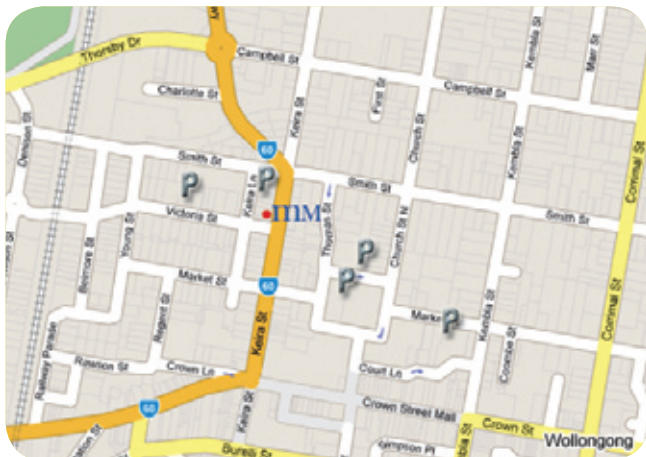


Movement Medicine offers the Illawarra's leading weight loss service.

Experience personalised support from a team of leading weight loss health professionals.

We provide specialist exercise and dietary advice, motivational support, group workshops, personal training, walking groups and much more. We also offer a specialist service for the very overweight who are considering weight loss surgery, or who are post surgery.

Movement Medicine provides the ideal combination of information, support and motivation to make successful lifestyle changes in a comfortable and non-judgmental environment.



Find Us

Suite 4, 132 Keira St Wollongong

www.movementmedicine.com.au

Make an Appointment

Phone: 4227 5622

Fax: 4227 6122

Email: admin@movementmedicine.com.au

Mail: PO Box 270 Wollongong NSW 2520

Opening Hours

6:30am to 6:30pm

Mon-Fri and Saturday mornings

Rebates

Medicare, DVA and Health Fund Rebates are all available.